



Lunch Menu

Homemade Soup of the Day * Served with Freshly Baked Health Loaf Bread	€6.50 (2,11a)
Toasted Club Sandwich * Bacon, Chicken, Melted Irish Cheddar, Tomato & Onion	€10.00 (2,11a)
Build Your Own Sandwich * Choice of 2 Fillings Only Tomato, Red Onion, Cheese, Ham, Chicken, Mayo Relish or Bacon Extra Fillings	€7.00 (1,211a) €1.00 Each
Smoked Salmon Bagel Toasted Bagel, Sun-dried Tomato, Cream Cheese, Smoked Salmon & Toasted Seeds & Side Salad	€10.00 (1,2,5,9,11a)
Ploughman's Sandwich Premium Baked Ham, Emmental Cheese, Pickled Dill Cucumber, Pickled Red Onion, Homemade Relish, Ancient Granary Loaf with Pickled Carrot Salad & Chips	€13.00 (1,2,9,11a)
Croque Madame Toasted Sandwich with Ham, Cheese, Fried Egg Topped with Creamy Béchamel Sauce with Side Salad & Chips	€13.00 (1,2,9,11a)
Black Bean & Sweet Potato Quesadilla Black Bean, Sweet Potato, Basmati Rice & Mexican Salsa Dressed Arugula	€10.00 (1,2,9,11a)
Warm Artichoke, Blood Orange & Feta Salad Mixed Salad Greens, Toasted Mixed Seeds with Grain Mustard Honey Dressing	€12.50 (2,9,13)
Traditional Fish & Chips Golden Fried Haddock, Pea Puree, Red Pepper Remoulade & Hand Cut Chips	€19.50 (2,11a,11b)
8oz Dagwood Beef Burger * Applewood Smoked Cheddar, Lettuce, Beef Tomato, Dill Pickle, Pastrami 1000 Island Dressing & Brioche Bun	€19.50 (1,2,9,11a)
Sweet Soy Cumin Pulled Beef Bowl Curly Kale, Pickled Ginger Carrots, Pickled Red Cabbage, Spice Roasted Chickpea, Pomegranate Seeds, Turmeric Spiced Basmati Rice with Sweet Soy Dressing	€17.00 (8,9,11a)



Desserts Menu

Iced Fruit & Nut Nuga *	€9.00
Fruit Coulis & Home Made Granola	(1,2,9,10b,10c, 11a)
Oreo Cheesecake	€9.00
Dark Chocolate Soil & Chocolate Sauce	(2,8,11a)
Apple & Apricot Crumble	€9.00
Granola Crumb & Vanilla Ice Cream	(2,10,10b,10c,11a)
Orange Creme Brûlée *	€9.00
Fresh Fruit & Orange Short Bread Biscuit	(1,2,11a)
Warm Dark Chocolate Brownie	€9.00
Dark Chocolate sauce & Vanilla Ice Cream	(1,2,11a)
Selection of Ice Cream *	€8.00
Selection of Vanilla, Strawberry & Chocolate Ice Cream	
With Chocolate Coated Wafer Basket	(1,2,11a)
Irish Cheeseboard	€12.50
Selection of Irish Cheeses, Sheridan Crackers & Homemade Chutney	(1,2,9,11a)
Freshly Brewed Tea & Coffee	

Allergens List

**1.Eggs, 2.Dairy, 3.Shellfish, 4.Mollusks, 5.Fish, 6.Peanuts, 7.Sesame, 8.Soya, 9.Sulphur Dioxide
10. Nuts, 10a. Pistachio, 10b.Almond, 10c.Hazelnut, 11a.Wheat, 11b.Barley, 12.Celery, 13.Mustard,
14.Lupin.**

***Gluten Free Options Available - Please Ask Your Server**