



Starters

Soup of the Day Served with Freshly Baked Health Loaf Bread	€7.00 (2,11a,12)
Cumin & Garlic Spiced Wings With BBQ or Hot Buffalo Sauce	€9.50 (1,2,11a)
Wan Ton Confit Duck, Spring Onion & Chili Wan Ton Served with Sweet Chili Sauce & Soya Dipping Sauce	€9.50 (1,2,9)
Sigara Borek Feta Cheese, Fresh Herbs, Black Olives & Filo Pastry Served with a Micro Leaf Salad	€9.50 (1,2,9)
Scallops Pan Fried Scallops, Cauliflower and Apple Puree with a Citrus Vinaigrette	€12.95 (3,13)
Mackerel Panko Coated Mackerel, Pickled Fennel & Mustard Seeds With Sweet Garlic and Herb Aioli	€10.50 (1,2,5,9,11a)
Super Food Salad Red & White Quinoa, Spinach, Baby Carrot, Tender Stem Broccoli, Pickled Red Cabbage & Fennel with Toasted Sunflower Seeds & Pumpkin Seeds	€9.95 (13)
Liver Parfait Chicken Liver Parfait, Micro Salad with a Red Wine Dressing & Toasted Cruet	€9.50 (2,9,11a,13)

Main Course

Traditional Fish & Chips Golden Fried Haddock, Pea Puree, Red Pepper Remoulade & Chunky Chips	€19.50 (2,11a,11b)
8oz Ribeye 10oz Sirloin Confit Vine Tomato, Garlic Herb Crusted Portobello Mushroom, Golden Fried Onion Ring & Brandy Pink Peppercorn Cream & Hand Cut Chips (€10 Supplement When Dining on a Package)	€33.00 €36.00 (2,9,11a,13)
Farmer Burger Irish Beef Burger, Soft Fried Egg, Crisp Bacon, Black Pepper & Herb Cheddar, Baby Gem Lettuce, Tomato on a Brioche Bun & Chunky Fried Chips	€19.50 (1,2,9,11a)
Hake Pan Fried Hake, Butternut Squash Puree, Grilled Asparagus Tips Served with Sauce Verge	€22.95 (2,5,9)
Pork Crispy Pork Cutlet, Sautéed Mediterranean Vegetables, Pickled Fennel Served with a Cranberry Salad & Red Pepper Coulis	€22.00 (9,13)

Salmon	€26.00
Crispy Buttered Baked Salmon, White Truffle & Pea Sauce, Buttered Wild Mushrooms, Served with Baby Potatoes	(2,5,9)
Grilled Tofu Vegan Bowl	€16.95
Quinoa, Shredded Red Cabbage, Carrots, Cucumbers, Red Onions, Mixed Peppers, Avocado, Coriander, Mixed Beans & Grilled Tofu	(8)
Chicken Supreme	€22.50
Caprese Stuffed Chicken, Tomato, Black Olive, Lentil & Barely, Spinach Cherry Tomatoes & Pesto Cream	(2,9,11b)
Beef & Noodle	€19.50
Black Pepper & Beef Stir Fry, Served with Bean Sprouts, Green Beans and Egg Noodles.	(1,2,7,8,9,11a)

Sides

	€4.50
Chunky Chips	(2,9)
Skinny Fries	(2,9)
Creamy Champ Potato	(2)
Selection of Seasonal Vegetables	(2)

Desserts

Macron	€8.95
Citrus Macron, Citrus Butter Cream Served with Lemon Sorbet	(1,2,10a)
Apple Sponge	€8.95
Apple & Apricot Sponge, Vanilla Pastry Cream	(1,2,11a)
Chocolate Indulgence	€8.95
Meringue & Chocolate with Hazelnuts and Almonds Served with Raspberry Sorbet	(1,2,10b,10c,11a)
Pecan Meringue	€8.95
Pecan Meringue Tart, Mascarpone Ice Cream. Served with Fresh Strawberries & Pecan	(1,2,10,11a)
Matcha & Mint Cheesecake	€8.95
Roasted Granola, Fresh Cream & Blueberries	(1,2,10,10b,10c,11a)
Ice Cream	€7.95
Selection of Vanilla, Strawberry, Chocolate Ice Cream Served in a Chocolate Coated Wafer Basket	(1,2,11a)
Cheese Board	€12.50
Selection of Irish Cheeses, Sheridan's Crackers, Homemade Chutney, Brie, Cashel Blue, Cooleeney Garlic	(1,2,9,11a)

(€5 Supplement When Dining on a Package)

Allergens List

1.Eggs, 2. Dairy, 3. Shellfish, 4. Mollusks, 5. Fish, 6. Peanuts ,7. Sesame ,8. Soya, 9. Sulphur Dioxide, 10. Nuts, 10a Pistachio, 10b.Almond,10c. Hazelnut, 11a. Wheat, 11b. Barley, 12 Celery,13. Mustard, 14. Lupin,

*Gluten Free Option Available